

Addysg Cwtch

Time:
3:30pm - 4:30pm

Date:
16/11/26

Location:
Ysgol
Peniel

Addysg Cwtch

Parent and carer session

The school is working closely with the Addysg Cwtch project, a national programme funded by the Welsh Government to support schools with delivering Relationships and Sexuality Education (RSE). As part of this work, Addysg Cwtch advisors will be facilitating an information session for parents.

During the session, we will:

- **Explain what RSE is and how it looks in school.**
- **Discuss how RSE is part of safeguarding and is based on children's rights.**
- **Address and clarify some of the common misconceptions circulating online.**
- **Share ways parents can support sensitive conversations at home in an age appropriate way.**

Ariennir gan Lywodraeth Cymru
Funded by Welsh Government

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Addysg Cwtch

Amser:

3:30yp - 4:30yp

Dyddiad
16/11/26

Lleoliad:
Ysgol
Peniel

Addysg Cwtch

Sesiwn rhieni a gofalwyr

Mae'r ysgol yn gweithio'n agos gyda phrosiect Addysg Cwtch, rhaglen genedlaethol a ariennir gan Lywodraeth Cymru i gefnogi ysgolion gyda chyflwyno Addysg Cydberthynas a Rhywioldeb (ACRh). Fel rhan o'r gwaith hwn, bydd cynghorwyr Addysg Cwtch yn hwyluso sesiwn wybodaeth i rhieni.

Yn ystod y sesiwn, byddwn yn:

- **Egluro beth yw ACRh a fel mae'n edrych yn yr ysgol**
- **Trafod sut mae ACRh yn rhan o ddiogelu ac yn seiliedig ar hawliau.**
- **Chwalu rhai o'r prif gamddealltwriaethau sy'n cylchredeg ar-lein.**
- **Rhannu ffyrdd y gall rhieni gefnogi sgyrsiau sensitif gartref.**

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