

Ysgol Gymunedol Peniel
Peniel
Caerfyrddin
SA32 7AB



Peniel Community School
Peniel
Carmarthen
SA32 7AB

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Pennaeth/Headteacher
Miss E H Powell

26/09/2025

Annwyl Rieni / Warchodwyr,
Dear Parents / Guardians,

Fel rhan o'n thema ni yr hanner tymor yma bydd y plant yn cael hyfforddiant ar y 1af o Hydref gan griw 'Restart a Heart' ar sut i wneud CPR. Bydd angen i bob plentyn ddod â thedi neu glustog i'r ysgol os gwelwch yn dda.



As part of our theme this half term the children will receive training on the 1st of October from the 'Restart a Heart' crew on how to do CPR. All children will need to bring a teddy bear or cushion to school on that day please.

Diolch i chi am eich cydweithrediad parhaus / Thank you for your continued support.

Mrs C Gwyn a Mr D Thomas