



Pennaeth/Headteacher
Miss E H Powell

Annwyl Rhiant/Gofalwr

Rydym yn ysgrifennu atoch i'ch annog i wirio a oes gan eich plentyn hawl i dderbyn prydau ysgol am ddim. Mae prydau ysgol am ddim yn gymorth hanfodol i lawer o deuluoedd, yn enwedig yn ystod y cyfnod heriol hwn. Gallant eich helpu i arbed arian, sicrhau bod eich plentyn yn cael cinio iach a maethlon, a hefyd o fudd i'r ysgol drwy gyllid ychwanegol.

I fod yn gymwys i gael prydau ysgol am ddim, rhaid i chi fod yn derbyn un o'r budd-daliadau canlynol:

- Cymorth Incwm
- Lwfans Ceisio Gwaith ar sail incwm
- Lwfans Cyflogaeth a Chymorth sy'n gysylltiedig ag incwm
- Rhan VI o Ddeddf Mewnfudo a Lloches 1999
- elfen gwarantiedig o Gredyd Pensiwn
- Credyd Treth Plant (ar yr amod nad oes gennych hawl hefyd i Gredyd Treth Gwaith a bod gennych incwm gros blynyddol o ddim mwy na £16,190)
- Credyd Treth Gwaith - a delir am 4 wythnos ar ôl i chi roi'r gorau i fod yn gymwys am Gredyd Treth Gwaith
- Credyd Cynhwysol - os ydych yn gwneud cais ar neu ar ôl 1 Ebrill 2018 rhaid i incwm eich cartref fod yn llai na £7,400 y flwyddyn (ar ôl treth a heb gynnwys unrhyw fudd-daliadau a gewch)

Ni fydd teuluoedd sy'n derbyn credydau treth gwaith yn ogystal ag unrhyw un o'r budd-daliadau uchod yn gymwys.

Os nad ydych yn siŵr a ydych yn gymwys, a'ch bod yn derbyn unrhyw un o'r budd-daliadau uchod, rydym yn eich annog i gymryd yr amser [i wneud cais](#), byddwn yn rhoi gwybod i chi beth yw eich statws cymhwysedd. Efallai y bydd angen i chi ddarparu prawf o'ch incwm neu fudd-daliadau, fel datganiad banc diweddar, slip cyflog, neu lythyr dyfarnu. Gallwch hefyd gael rhagor o wybodaeth am brydau ysgol am ddim ar wefan Cyngor Sir Caerfyrddin.

Os ydych yn gymwys i gael prydau ysgol am ddim, efallai y byddwch hefyd yn gallu cael grantiau a chymorth ychwanegol gan y llywodraeth a sefydliadau eraill. Er enghraifft, efallai y byddwch yn gymwys i gael

- [Cynllun Gostyngiad Cartrefi Cynnes, sy'n rhoi ad-daliad o £140 ar eich biliau ynni bob gaeaf](#)
- [Y Taliad Tywydd Oer, sy'n darparu £25 ychwanegol yr wythnos am gyfnodau oerach](#)

- [Y Rhaglen Bwyd a Hwyl, sy'n cynnig gweithgareddau a phrydau bwyd am ddim i blant yn ystod gwyliau'r ysgol](#)
- [Cronfa Cymorth Dewisol \(DAF\) | GOV. CYMRU](#)
- [Y Taliad Costau Byw, a fydd yn rhoi £900 i hawl wyr budd-dal prawf modd mewn tri rhandaliad dros y flwyddyn ariannol 2023-24](#)
- [Cronfa Deuluol - Os oes gennych blentyn anabl neu ddifrifol wael o dan dair oed, ac y byddech yn elwa o gael mynediad at gar, gallai'r rhaglen Cymorth Symudedd y Gronfa Deuluol helpu.](#)
- [Y Grant Cyfleusterau i'r Anabl, sy'n helpu i dalu am addasiadau i'ch cartref i'w wneud yn fwy hygyrch i berson anabl](#)

Dyma rai enghreifftiau yn unig o'r grantiau a'r cymorth y gallech eu cael os ydych yn hawlio prydau ysgol am ddim. Mae llawer mwy ar gael, yn dibynnu ar eich amgylchiadau a'ch anghenion. Gallwch chwilio am fwy o grantiau [ar wefan Turn2us](#) neu ewch i'r dudalen [Hawlio Beth sy'n Perthyn i Chi](#) ar wefan Cyngor Sir Caerfyrddin.

Gobeithiwn y byddwch yn manteisio ar y cyfle hwn ac yn gwneud cais am brydau ysgol am ddim os ydych yn gymwys. Bydd yn gwneud gwahaniaeth mawr i les ac addysg eich plentyn, yn ogystal ag i gyllideb ac adnoddau'r ysgol. Os oes gennych unrhyw gwestiynau neu os oes angen unrhyw help arnoch gyda'ch cais, peidiwch ag oedi cyn cysylltu â ni.

Yn gywir

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Pennaeth/Headteacher
Miss E H Powell

Dear Parent/Carer,

We are writing to you to encourage you to check if your child is entitled to receive free school meals. Free school meals are a vital support for many families, especially in these challenging times. They can help you save money, ensure your child gets a healthy and nutritious lunch, and also benefit the school through extra funding.

To qualify for free school meals, you must be receiving one of the following benefits:

- Income Support
- income-based Jobseeker's Allowance
- income-related Employment and Support Allowance
- support under Part VI of the Immigration and Asylum Act 1999
- the guaranteed element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Universal Credit - if you apply on or after 1 April 2018 your household income must be less than £7,400 a year (after tax and not including any benefits you get)

Families receiving working tax credits in addition to any of the benefits above will not be eligible.

If you are not sure if you are eligible, and you do receive any of the benefits above we encourage you to take the time to [apply](#), we will let you know what your eligibility status is. You may need to provide proof of your income or benefits, such as a recent bank statement, payslip, or award letter. You can also find out more information about free school meals on Carmarthenshire County Council's [website](#).

If you are eligible for free school meals, you may also be able to access additional grants and support from the government and other organisations. For example, you may be eligible for

- [The Warm Home Discount Scheme, which gives a £140 rebate on your energy bills each winter](#)
- [The Cold Weather Payment, which provides £25 extra a week for colder periods](#)

- [The Food and Fun Programme, which offers free activities and meals for children during the school holidays](#)
- [Discretionary Assistance Fund \(DAF\) | GOV.WALES](#)
- [The Cost of Living Payment, which will give £900 to means-tested benefit claimants in three instalments over the financial year 2023-24](#)
- [Family Fund - If you have a disabled or seriously ill child under three, and would benefit from access to a car, the Family Fund Mobility Support programme could help.](#)
- [The Disabled Facilities Grant, which helps pay for adaptations to your home to make it more accessible for a disabled person](#)

These are just some examples of the grants and support that you may be able to get if you claim free school meals. There are many more available, depending on your circumstances and needs. You can search for more grants on the [Turn2us website](#) or visit the [Claim What's Yours](#) page on Carmarthenshire County Council's website.

We hope that you will take advantage of this opportunity and apply for free school meals if you are eligible. It will make a big difference to your child's wellbeing and education, as well as to the school's budget and resources. If you have any questions or need any help with your application, please do not hesitate to contact us.

Yours sincerely,

Elen H Powell